

Qualitative Research Resources

SRC Resource 12a

Literature about Qualitative Research - in relation to Body Psychotherapy

- ❖ Bader Johansson, C. (2019). Introduction to Qualitative Research and Grounded Theory. *International Body Psychotherapy Journal*, Vol 18, No 1, pp. 94-99. ([Download](#))
- ❖ Caldwell, C. & Johnson, R. (2012). Research 101 for somatic psychotherapists: Cultivating a research mind. *International Body Psychotherapy Journal*, 14, 2, pp. 47-54. ([Download](#))
- ❖ EABP Guidelines for Writing a Body Psychotherapy Case Study. ([Download](#))
- ❖ Johnson, R. (2014). Somatic Psychotherapy and Research: Walking the common ground. *Body, Movement and Dance in Psychotherapy*, 9 (2), pp. 82-92. ([Link](#))
- ❖ Schillat, Z. (2019). Developing a Research Mind in Body Psychotherapy. *IBPJ*. Vol 18, No 1, pp 100-105. ([Download](#))
- ❖ Tantia Frank, J. (2019). Toward a Somatically-Informed Paradigm in Embodied Research. *IBPJ*. Vol 18, No 2, pp 134-145. ([Download](#))
- ❖ Tantia Frank, J. (Ed.) (2021). *The Art & Science of Embodied Research Design: Concepts, methods & cases*. London & New York: Routledge. ([Link](#))
- ❖ Young, C. (Ed.) (2014). *About the Science of Body Psychotherapy*. Galashiels, Scotland-UK: Body Psychotherapy Publications. ([Link](#))
- ❖ Young, C. (Ed.) (2018). *Body Psychotherapy Case Studies*. Galashiels, Scotland-UK: Body Psychotherapy Publications. ([Link](#))

Other Literature about Qualitative Research

- ❖ Corbin, J. & Strauss, A. (2015). *Basics of Qualitative Research. Techniques and procedures for developing Grounded Theory*. Thousand Oaks, CA: Sage Publications.
- ❖ Gaudiano, B.A. & Miller, I.W. (2013). The evidence-based practice of psychotherapy: Facing the challenges that lie ahead. *Clinical Psychology Review*, 33, 813-824. ([Download](#))
- ❖ O'Hara, D. (2012). Reconciling technical and practical knowledge in psychotherapy through Polanyi's tacit knowing. *Counselling Psychology Review*, 27, No 1, pp. 64-72. ([Download](#))
- ❖ Walker, D. & Myrick, F. (2006). Grounded Theory: An exploration of Process and Procedure. *Qualitative Health Research*, 16(4), pp 547-559. ([Link](#))

Other literature about Research can be found on EABP website (eabp.org) in the Section 'For Professionals and Associations' under the 'Research' tab.

Examples of Research articles about Client Practice (Practice-Based Research)

Groth-Marnat, G., Roberts, R. & Beutler, L.E. (2001). Client Characteristics and Psychotherapy: Perspectives, Support, Interactions, and Implications for Training. *Australian Psychologist*, 36. 2. 115-121. ([Link](#))