

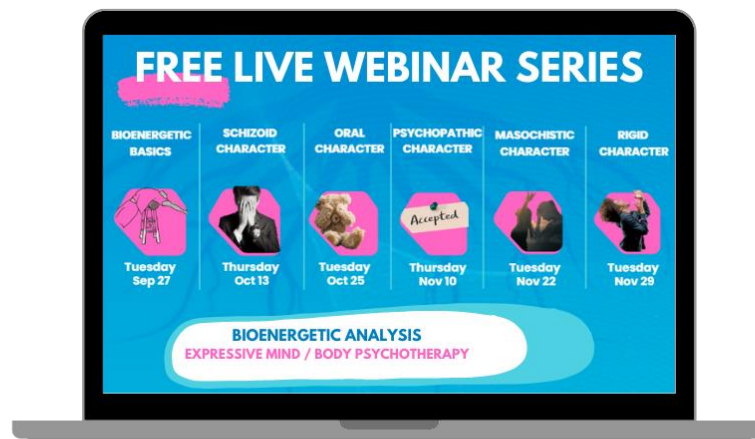


INTERNATIONAL INSTITUTE FOR BIOENERGETIC ANALYSIS

WEBINAR SERIES 2022

BIOENERGETIC ANALYSIS
EXPRESSIVE MIND / BODY PSYCHOTHERAPY

BIOENERGETIC ANALYSIS



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Discover
Bioenergetic
Analysis

Learn
about
Bioenergetic
Tools &
Methods

Understand
the Type of
Attachment
Pattern

Identify
Character
Structures

Practise
Bioenergetic
Exercises &
Movements



The International Institute for Bioenergetic Analysis (IIBA) is a non-profit organization dedicated to the spread of Bioenergetic Analysis in the world and to the support and encouragement of its members in their work as Bioenergetic Therapists.

The IIBA was founded by Alexander Lowen, M.D.

Registered in the Register of Associations of the Government of Catalonia (Spain): 44520

Spanish Vat-Number: G65432429.



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GENERAL INTRODUCTION

Alexander Lowen (1910-2008) built on the foundations laid by his mentor Wilhem Reich (1897-1957), by creating the **principles of Bioenergetic Analysis** and further developed his **character structure types**. He taught his approach and wrote about his devotion to Bioenergetics in his books *The Language of the Body* and *Bioenergetics*.

Lowen was not only a strong believer in Reich's functional identity principle, he was also a keen observer of his patients and had a special talent for body reading. He developed a chart that defined five-character types: **the**

schizoid, the oral, the psychopath, the masochist and the rigid.


Lowen understood the character, not as a personality disorder, but as the structure that describes the defensive evolutionary history of the individual, studied in a psychic, bodily and energetic function. Therefore, the *body language* represents the evolutionary expression of the individual and in some way her/his struggle for survival. *Character* expresses the vital function of the individual but also what her/his mind "lies".

The International Institute for Bioenergetic Analysis Assoc. (IIBA), in collaboration with several of its International Faculty Members from France, Canada, USA, Germany and Brazil, are pleased to present a six-part webinar series on


- **Webinar I: Bioenergetic Basics | History and evolution of Bioenergetic Analysis**



 Guy Tonella

 September 27, 2022 | [Add to Calendar](#)

 06:00 – 08:00 pm (CEST - UTC +2) |  [Global Time Reference](#)

 Language: English | Simultaneous Translation: French, Spanish, Italian, Portuguese & Russian*

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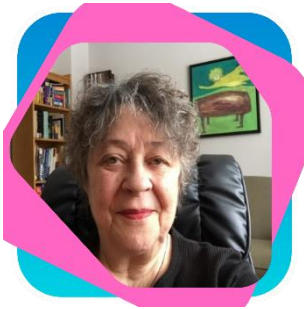


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- **Webinar II: Schizoid Character**



 Louise Fréchette


 October 13, 2022 | [Add to Calendar](#)


 07:00 – 09:00 pm (CEST - UTC +2) |  [Global Time Reference](#)

 Language: English | Simultaneous Translation: French, Spanish, Italian, Portuguese & Russian*


- **Webinar III: Oral Character**



 Vincentia Schroeter

 October 25, 2022 | [Add to Calendar](#)


 07:00 – 09:00 pm (CEST - UTC +2) |  [Global Time Reference](#)

 Language: English | Simultaneous Translation: French, Spanish, Italian, Portuguese & Russian*


- **Webinar IV: Psychopathic Character**



 Thomas Heinrich

 November 10, 2022 | [Add to Calendar](#)


 06:00 – 08:00 pm (CEST - UTC +2) |  [Global Time Reference](#)

 Language: English | Simultaneous Translation: French, Spanish, Italian, Portuguese & Russian*


- **Webinar V: Masochistic Character**



 Diana Guest

 November 22, 2022 | [Add to Calendar](#)

 06:00 – 08:00 pm (CEST - UTC +2) |  [Global Time Reference](#)

 Language: Language: English | Simultaneous Translation: French, Spanish, Italian, Portuguese & Russian*

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- **Webinar VI: Rigid Character**



 Liane Zink

 November 29, 2022 | [Add to Calendar](#)

 07:00 – 09:00 pm | (CEST - UTC +2) |  [Global Time Reference](#)

 Language: English | Simultaneous Translation:
French, Spanish, Italian, Portuguese & Russian*

Join us and learn about the pillars of our approach!

Discover how everything started and how the principles of Bioenergetic Analysis have developed (integrating relationality, attachment, neuroscience and trauma).

Find out why Lowen's Bioenergetic Character Structure Types are the most accurate and profound system and begin to understand them.

SIGN UP NOW

More information:

- Each webinar will last 2 hours, including a theoretical and an experiential part and gives an opportunity for Q&A.
- These 6 webinars are open to anyone interested in attending. The webinar series is especially designed for both professionals who are considering bioenergetic training as well as those wishing to learn about the bioenergetic approach.
- All webinars are free of charge. Registration will be required, but will be open until the end of the event.
- Languages covered (original and simultaneous interpretation): English, French, Spanish, Italian, Portuguese & Russian*.
- Recordings will be available approximately 5-6 business days after each event.

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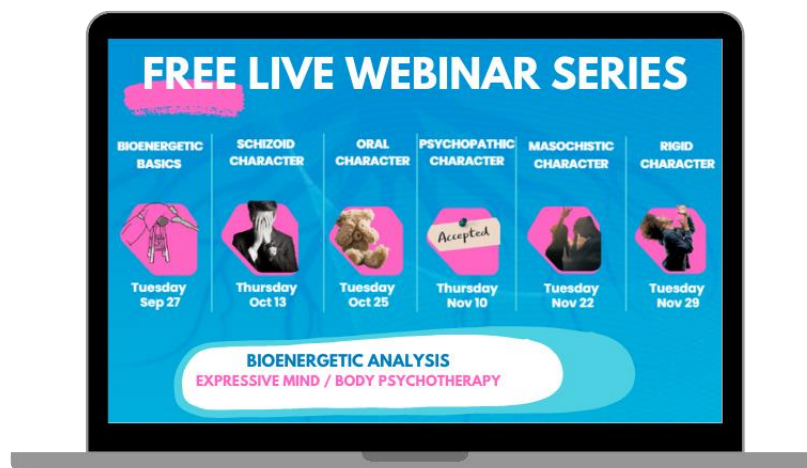
We look forward to seeing you at this premiere webinar series by the IIBA.



References:

- Reich, W. (1976, original ed. in German 1933). Character Analysis. Pocket Book.
- Lowen, A. (1971, original ed. 1958). *The Language of the Body*. London: Collier Macmillan Publishing Co.
- Lowen, A. (1976). *Bioenergetics*. London: Penguin Books.
- Fr chet te, L. (2022). Basic principles, Fundamental Concepts and Values in Bioenergetic Analysis. *Bioenergetic Analysis*, 32(1), 43–49. <https://doi.org/10.30820/0743-4804-2022-32-43>

*Russian is provided thanks to our Moscow Training Group.



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