



EABP SCIENTIFIC AND RESEARCH COMMITTEE MEMBERS

Herbert Grassmann (Germany) Herbert Grassmann, Ph.D. is a Body Oriented Psychotherapist in his own Praxis. He is also director of the European Association of Somatic Traumatology (EAST), Executive Director of the Institut for Core Therapy (SKT) and founder of SKT® Strukturelle Körpertherapie and TraumaSomatics®. He trains in several Business Companies and leads presentations, trainings and workshops throughout the world. In the late '80s and early 90s he trained in Structural Integration. He is a Certified Hakomi Practitioner and trained with Pat Ogden and Peter Levine in Trauma Therapy. He is the author of several articles and the book: *Zwei im Einklang*, Kreuz-Verlag, 2004. His Research focus: development and evaluation of interpersonal neurobiology models and bridging the gap between attachment and dissociation theories in the field of somatically focused model of trauma therapy. Website: <http://www.skt-institut.org/>



Professor Frank Röhrich MD FRCPsych Germany/United Kingdom Consultant Psychiatrist (MD, FRCPsych); Body Psychotherapist; Visiting Professor University of Hertfordshire, School of Psychology and Honorary Professor Centre for Psychoanalytic Studies, University of Essex. 1983–1986 Training in integrative body psychotherapy (predominantly neo-Reichian methods) in the Netherlands and Germany; since 1987 practicing and lecturing as body psychotherapist in various settings



(individual and group therapy). Medical training and qualification (MBBS equivalent) between 1984 and 1989. MD completed in 1995 at Free University Berlin/Germany, (Doctor of Medicine by Thesis): Body concept and body schema and their relationship with psychopathological symptoms within acute paranoid schizophrenia. Specialist Training in Psychiatry, Neurology and Psychosomatic Medicine from 1989 – 1997. Since 1997 to date Consultant Psychiatrist, in Newham/East London. 2000 to date Clinical Director for Adult Mental Health East London NHS Foundation Trust. Member of the German Association for Psychosomatic Medicine; Since 2004 chair of the research section of German Association for Body Psychotherapy (part of European Association of Body Psychotherapy / EABP); Since 2005 Patron of the Association for Dance Movement Psychotherapy UK. With numerous publications in peer reviewed journals one of the leading researchers in the international field of Body Image Phenomenology and Body Psychotherapy in Mental Illness; book publications include co-editor of Handbook of Body Image Research and books on bodypsychotherapy; monography from 2000 is the first textbook covering the innovative field of body-oriented psychotherapy in psychiatry. Research focus: development and evaluation of treatment manuals for body oriented, non-verbal psychotherapeutic intervention strategies (anorexia nervosa, somatoform disorders, depression, schizophrenia). Other projects: Transcultural variety of ego-pathology; Neurobiology and prodromal signs of cenesthopathic schizophrenia; Self-harm and long-term outcomes; service evaluation. Website: www.frank.rohricht.com

Maurizio Stupiggia (Italy) Maurizio Stupiggia, psychotherapist, is Vice President of the Italian Association for Body Psychotherapy (AIPC), Professor assistant at Westdeutsche Akademie of Dusseldorf, Guest Professor at the University of Bologna in Group theory and technique and Professor of General Psychology at the University of Genova. He is a Trainer in Biosystemic psychotherapy and co-founder, with Jerome Liss, of the Societe Internazionale Biosistemica. He works as a therapist and trainer in Italy, in some European countries, in Japan, and Latin America. He is the author of, *Il Corpo Violato* and with Jerome Liss of the publication, *La Terapia Biosistemica* (Franco Angeli, 1994) Website <http://www.biosistemica.net>



Courtenay Young (Scotland, UK) Courtenay Young is a Body Psychotherapist, accredited by the European Association of Body-Psychotherapy (EABP). He has been on the EABP Ethics Committee (1992-1994); he was EABP General Secretary for 7 years (1994-2001); Vice-President, (2001-2002); and President of EABP (2002-2006). He helped to establish: the EABP Training Standards; 'The FORUM of BodyPsychotherapy Organisations'; the Scientific Validity of Body Psychotherapy; the 'Council' of National Associations; the new EABP Membership Criteria and Guidelines; the EABP website; and the EABP Bibliography of Body-Psychotherapy. He was recently made an Honorary Member of EABP at the 2010 AGM in Vienna. Courtenay Young is a fully accredited and registered psychotherapist with more than 35 years of professional experience. He works in several different modalities; has experience in a variety of clinical settings; and with a wide range of different client groups. He has been actively involved in several professional associations in psychotherapy; leads workshops internationally, is editor of the International Journal of Psychotherapy (www.ijp.co.uk); has written many articles & chapters on psychotherapy; and has written a couple of books and edited several others; as well as occasionally writing poetry. His most recent project was as one of the main editors of the *Handbook of Body Psychotherapy & Somatic Psychology* (North Atlantic Books, 2015). He has also started up his own publishing imprimatur, Body Psychotherapy Publications (www.bodypsychotherapypublications.com) publishing collections of BP articles on various topics. His personal website: www.courtenay-young.com - contains a complete listing of his articles, access to ordering his books, and some of his poetry, etc.



Biljana Jokic, Ph.D. Biljana graduated in psychology from the University of Belgrade. She was awarded a PhD from the same University (field: psychology; subfield: social cognition). Parallel to the academic education and career, she received a certificate from the Serbian Body Psychotherapy school *Tepsyntesis* and became a full member of both Serbian Union of Associations for Psychotherapy and the European Association for Body Psychotherapy. Biljana has been involved in research projects since the '90s, collaborating with various local



and international research teams on both scientific and market projects. Her specific research interests are about embodied cognition, decision-making processes, perceptions of self and others. Biljana is a senior researcher in the Center for Study in Cultural Development, Belgrade, and an associate at the Social Psychology Laboratory, University of Belgrade. She is involved in long-term collaboration with colleagues from scientific institutes and universities (Belgrade, Ulm, and Tel Aviv). As the General Secretary of the Serbian Association of Body Psychotherapy (SABP), Biljana regularly participates in workshops organized by SABP in order to promote Body Psychotherapy in the region. She also participates in developing a line of research about an evaluation of Body Psychotherapy methods and techniques in cooperation with SABP colleagues.

Christina Bader-Johansson, MSc, MSc is a eidg. anerkannte Psychotherapeutin (CH), body psychotherapist (EABP) and former President of the Swiss National Association of the EABP (CH-EABP). She is the author of *Movement and Interaction*. On basic motoric, stress and self-regulation (Studentlitteratur 2012, swedish) and *Salutogenese, Körperpsychotherapie und Depression* (VDM-Verlag 2008). As a former university teacher in physiotherapy (Sweden), one of her interests is psychosomatics and body assessment scales. She is particularly interested in the theme of embodiment and transferring mindbody knowledge to a broader public as well as qualitative research and implementing a greater interest for research in the BPT community.



Zoe Schillat Paradomenaki, Dipl.-Psych.(Greece), is a Clinical Psychologist and Psychotherapist. She is educated in Systemic, in Psychodynamic, and in Body Psychotherapy in Germany, where she has been working as a registered Psychotherapist over 25 years. In the last 15 years her interest is focused on neurobiologically informed integrative trauma treatment and she is trained and certified in Integrative Somatic Trauma Therapy (Somatic Experiencing® , Neuroaffective Relational Model /NARM™ , NeuroAffective Psychotherapy NAP) participating and assisting continuously in Trauma Therapy Trainings in Germany since 2006. She works in private practice in Athens, organizes and leads



experiential training seminars in the field of trauma therapy and personal growth and has edited recently the book *Healing Developmental Trauma*, L.Heller & A. La Pierre (North Atlantic Books, 2012) in Greek language(2017). She is a member of German Psychotherapeutic Associations and of the Association of Greek Psychologists (AGP), Vice President in the Administrative Board of the National Organization of Psychotherapy in Greece (NOPG/EAP), Coordinator of the Scientific Committee at the Panhellenic Association for Body Psychotherapy (PESOPS) and holder of ECP and EuroPsy. Member of the Organization and Program Committee of the 20th EAP Congress 2015 and of the Scientific Content Committee of the 15th EABP Congress 2016 in Athens.