

## Body Psychotherapy Student Final Paper Award

### Criteria for Assessment

The papers will be judged on how well the author has written in the following areas:

- (1) Choice of topics and originality of thinking - 2 points
- (2) Scientific quality and/or sufficient referencing -1 point
- (3) Description of theory - 2 points
- (4) Description of practice - 2 points
- (5) Integration of theory and practice, including the depth of handling of the subject - 2 points
- (6) Language and structure of the written piece - 1 point

Total: 10 points. One place of decimals may be used: e.g. 1.5

### 1. Choice of topics and originality of thinking

Topicality and relevance: Has the subject been discussed in professional articles and conferences at any time recently? Or in the last 5-10 years? And how often?

Originality: Is this an original topic? Is it presented in an original fashion? Are these old ideas presented in a refreshing manner? Or does it involve new research findings? Or is the style or presentation original?

### 2. Scientific quality or sufficient referencing

Is the quality of the research or the science “good enough”? – Are any tables or diagrams clear and understandable? – Are there sufficient references? – Do they refer to significant people in the field? – Is there evidence of a sufficient literary review? – Is there a synthesis created between the referencing and the material?

### 3. Description of Theory

Does the theory section cover current knowledge in (or demonstrate that the author has sufficient awareness of) the basic theories of: - Body Psychotherapy; – the wider field of psychotherapy; - their own particular school or modality? – Are other schools of thought referenced?



Are there indications of awareness about theories of: - Trauma; - Attachment; - Spirituality and the body; - Development; - Affect; - Current theoretical developments emerging from research in neuroscience; etc. Is there present a clear understanding of relevant theory?

#### **4. Description of practice**

Are there any references to clinical practice or to the experience of the therapist with clients/patients? – Are there comparisons with other forms of practice? – Does the description of practice (with some details or examples) support (or contradict) the theory and the original hypothesis? – Are there good examples of clinical material relating to the practice of Body Psychotherapy? – What is the quality and quantity of these clinical examples? – Do any of these relate to touch and/or to specific work with the body / bodies of the patients/clients? – Is there an awareness of relevant ethical aspects?

#### **5. Integration of theory and practice including depth of handling the subject**

Are there points of relevance made between clinical examples and theory? – Do these relate well to the major concepts of the paper and do they integrate with the discussion? – What is the level of presentation of critical thinking? – Is there any novelty and/or quality in the way these synthesize with an analysis of the clinical data? – Is there a significant level of reflection, including self-reflection of the therapist's role, input, (somatic) counter-transference, choice of intervention, etc.?

#### **6. Language and structure of written piece**

Is there clarity of structure? – Is there a logical and clear flow to the presentation? – Has the author kept inside the word limit? – Was the language, punctuation, syntax, spelling, layout, presentation, etc. of sufficiently high quality? – Was it easy and/or pleasurable to read? – Could you feel a flow of understanding?