



## *Training workshop in Body-Psychotherapy*

### **Integrating Mind, Emotions and the Body in Therapy: An Holistic Approach**

**August 31 - September 4, 2018, London, England**

**Open to practitioners who work with people to promote personal growth and healing, and to those who wish to deepen their own personal development through a body-centered modality.**

**This intensive workshop will blend didactic and experiential learning. Participants will have the opportunity to learn the basic concepts underpinning mind-body therapeutic and personal growth work, and experientially learn how the application of these concepts can deepen their own embodiment and that of their clients.**

**In this workshop we introduce basic concepts in Radix body-centered work: Pulsation, centering, grounding, boundaries, containment, contact with self and contact with others. We then discuss therapeutic goals in body-psychotherapy. This workshop is the basis for further modules in the training program. There is opportunity to practice the application of the concepts presented.**

***TO LEARN MORE, [CLICK HERE](#).***

#### **Fees & Registration**

**Tuition:           £ 1350**

***TO REGISTER:*** Pay with PayPal. [Click here](#) to send a deposit of £ 600.

**Registration Deadline August 16, 2018. To register after August 16, to send a deposit by cheque, or for more information, contact [information@radix.org](mailto:information@radix.org).**

## Radix Institute Faculty

Narelle McKenzie, M.A.: Director and Senior Trainer of the Australian Radix Training Centre and of The Radix Institute in North America. Narelle completed her training with the Radix Institute in 1982 and established a private psychology and psychotherapy practice in Australia. After completing her trainer training she co-founded the Australian Radix Training Centre. Narelle is a registered psychologist with thirty years experience working in private practice with adults, adolescents, families, couples and groups.

Michael Gavin, therapist since 1984, Certified Radix Practitioner since 1992, has co-led the London Radix Workshops Program for more than 25 years, recently adding “Radix Learning Days” before and after these experiential workshops to help participants understand their experience in terms of Radix theory. After many years in London, Michael is now based in the New Forest area of England. A certified Somatic Trauma Therapist (1994), he has conducted trainings in somatic work with trauma for UKATA, BACP, and other organizations, and co-leads the EveryBodyKnows workshop series introducing talk therapists to somatic ways of working.

Melissa Lindsay, PsyD, has been a Radix Practitioner since 1995, and a trainer with the USA Radix Institute since 2008. She has a Master of Counseling degree with a humanistic orientation, Certification in Gestalt Therapy, and a Doctor of Psychology degree. Melissa maintains a private practice in Hawaii, working from a body-centered orientation with a broad range of issues, and specializing in trauma and dissociation.

### Certification Program

*Training workshops are offered by the faculty of The Radix Institute in the USA and Europe, and The Radix Training Centre in Australia.*

**CERTIFICATION IN RADIX TRAINING:** *Workshop 1 is the first in a series of training modules; Workshop 2 includes Modules 2 and 3. Further training modules focus on specific content areas such as affective regulation, trauma, containment and sexuality. Most modules can be taken by themselves, or can lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.*