

2017 International Summer School

OBJECTIVES

- # **To improve** one's listening to the body, mind and emotions.
- # **To acquire** theoretical and practical tools based on the Functional Identity concept to be able to create well - being projects in the individual, the couple, the family and in society.
- # **To obtain** theoretical and practical tools to Improve one's self-knowledge of emotions and of the way in which to communicate and relate to the other.
- # **To increase** the ability of finding personal inner resources
- # **To develop** confidence in one's personal ability for baby care

METHODOLOGY

- Class lessons with lectures, power points, video clips
- Body-psycho experiences
- Personal experiences with oneself and role playing

ITEMS

- The Reichian roots
- Bioenergetic development of the prenatal relationship
- Bioenergetic attachment process
- Instroke and outstroke theory
- Reading the body, emotional, relational and environmental signals
- Working with the Primal Bioenergetic Field
- Using Eva Reich's Gentle Touch and the Butterfly Baby Massage