

Centre for Biodynamic Psychotherapy

Gabriel Shiraz

Two Day Workshop • £150
Tues 27 June • 1 pm - 8 pm &
Weds 28 June • 10 am – 5 pm

A workshop for psychotherapists and psychologists working with relationship issues in individual therapy, with couples, and/or who are interested in developing and broadening their therapeutic abilities and becoming a couples therapist.

Sexuality, money, and power struggles are inflammatory issues in life and in couplehood. During this two-day workshop, we will examine and experience how,

Sexuality, Money & Power in Body Psychotherapy for Couples

Two-day workshop for Psychotherapists
& Couple Therapists

as therapists and/or couples therapists, we can explore and work with these major themes in a safe, profound, creative and biodynamic manner. Our focus will be on how we as therapists (who are themselves in couples and other relationships) engage with these complex issues with individuals and couples, which generate many difficulties in relationships.

Many find it daunting to engage with and confront these issues – both as individuals and as part of a couple. As psychotherapists we will learn to observe and work with the repression of these issues, which impact on the essence of the individual and the couple, as well as their communication patterns and problems.

Two principles which we will study and work with over these two days are **couple resonance** and **hearing-listening-internalising**. We will experience and understand these principles in the personal sphere whilst learning how to guide, teach, and treat individual clients who are confronting the issues of couplehood. Our clients will be able to reach a place of awareness, where they understand and internalise their selves and their partners; this in turn will lead to improvement and empowerment in the couple's relationship.

We will experience body-mind exercises which will help us as therapists to assist couples in developing their own awareness of themselves and their partners; to support couples as they develop intimate, empowered and empathetic communication, and reconnect with their individuality and their couple's primary personality.

HNCC, 25 Bertram Street, London N19 5DQ

Book online: www.biodynamic-bodypsychotherapy.co.uk

A few places at concession prices are available; please contact us for more details.



The London School of Biodynamic Body-Psychotherapy is a member of the UKCP.
A CPD certificate will be supplied.

For bookings Tel: 0207 263 4290 or email admin@lsbp.org.uk

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