

Bridging Yoga and Mental Healthcare Professional Training

Delray Beach, Florida

February 24 - March 1, 2019

Registration is now open for this 25.5-hour CEU interdisciplinary course designed for social workers, psychologists, mental health counselors, family therapists, nurses, yoga therapists and yoga instructors.

Schedule includes:

- * Daily yoga
- * Morning coursework
- * Daily practicums
- * Afternoons & evenings free

Learn how to safely apply evidence-informed yoga interventions for depression, anxiety, trauma, and dissociation in your work.

PRESENTERS:

Suzanne Ludlum, MS, C-IAYT, E-RYT500, YACEP, international trainer, founder of Trinity Yoga Therapy and author of *An Imperfect Pilgrim: Trauma and Healing on This Side of the Rainbow*.



Joann Lutz, MSW, LICSW, C-IAYT, E-RYT, psychotherapist, international trainer.



LOCATION:

Casa San Carlos
Delray Beach, Florida

COST*: \$1300 w/private bath
\$1200 w/shared bath
\$ 865 commuters
(price reflects early bird rate)

* Includes meals & accommodations; welcome dinner & one lunch for commuters.

Early bird deadline: November 30, 2018. For registration and webinar information, see our Facebook page, *Bridging Therapeutic Yoga and Mental Healthcare* or email: suzanne@trinityyogatherapy.com.