A wonderful chance to receive Cornelia's expanded teaching on embodiment, subtle energy, personal integration and soul manifestation

Explore Below the Thinking Mind Into the Living Matrix of our Conscious Body-Field and our Feminine Essence

with Cornelia Gerken, ECP, HP, CMP

An International CoreSoma® Program for Women.

Three weekends of 3 days each provide a sacred container for this journey.

Zagreb, Croatia

April 6 - 8 • August 31 - September 2 • December 14 - 16, 2018

Much of what we attribute to our mind and thinking process is actually based in our somatic sensing, feeling body–field and it's own consciousness and intelligence. The roots of our psyche are deeply embedded in this somatic realm.

CoreSoma makes direct contact with this body-field, its vitality, memory, and knowing. In this way we can form a more integrated and kinder relationship with the conscious and unconscious aspects of our past and present.

This program focuses on directly working with the body-field.

- Especially learn to understand and direct different intentions through healing touch.
- Explore how to access body consciousness through direct verbal and non-verbal dialogue.
- Discover movement as a somatic language.
- Develop sensitivity to perceive and direct subtle energies.
- Attune to and growing awareness of different levels of consciousness.
- You will be guided to safely explore within yourself and with each other.

Times: Fridays: 4pm - 8 pm • Saturdays: 9.30 am - 7.30 pm • Sundays 9 am-4 pm

Cost: Early enrollment: Euro 215 per unit until February 28

Regular price: Euro 245 per unit

Deposit: A Euro 40 deposit is needed to hold your place in the workshop.

Discount for prepayment: Payments can be made for each individual unit, but if you pre-pay for all three units together, the total price is Euro 585. This gives you a total discount of Euro 150 compared to the regular price.

Location: Centar "Snaga namjere", Raciceva 5/1 Zagreb, Croatia

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