

TRAINING STANDARDS CHECKLIST



EABP TRAINING INSTITUTES
AND PROFESSIONAL ASSOCIATIONS

1. PROFESSIONAL STANDARDS	✓or remark
1.1 Post-graduate level or the equivalent: Leaving school with 17 years + 3a (1st degree) + 4a (body-psychotherapy training)	
1.2 Personal and professional backgrounds	
(a) Academic 1st degree	
(b) Personal experience of Body-Psychotherapy;	
(c) Emotional maturity	
1.3 Records	
1.4 Info about trainees own responsibility for practice after training	
1.5 a. Minimum 4 years of training	
b. approx. 1400 hours. total	
c. 250 hrs personal psychotherapeutic. experience, 500-800 hrs theory and practice 300-600 hrs clinical practice	
d. 150 hrs of supervision	
1.6 Professional good standing	
2. EUROPEAN & NATIONAL COMPATIBILITY	
2.1 ECP-compatible	
2.2 Contact with other training organisations	
2.3 Clear about the current legal possibilities of recognition	
2.4 Facilitate transfer of trainees between institutes	
3. TRAINING AGREEMENT	
4. THEORY SYLLABUS	
5. SPECIFIC THEORY	
5.1 Theoretical basis of own methodology	
5.2 Comprehensive statement of its theory and practice	
5.3 Basic research	
6. PRACTICE	
6.1 Experiential training and supervision of this	
6.2 Contact, boundaries and interactional dynamics; limitations to contact and touch	
6.3 Clinical practices and sound business practices	
7. PERSONAL THERAPY	
7.1 Personal psychotherapy, experience of Body-Psychotherapy and Body-Psychotherapy similar to the method.	
7.2 From someone who is not one of their trainers.	
7.3 Trainees' personal psychotherapists are suitably qualified.	
7.4 Other therapy hours	

8. ASSESSMENT	
8.1 Requirements	
(a) written work or recorded presentation;	
(b) meet the professional criteria NUO/NAO	
(c) continuous assessment of trainees competency and personal maturity	
(d) principle of an external assessor	
(e) assessment does not include trainees personal therapist	
8.2 Records of the assessment process must be kept.	
8.3 Minimum requirements of EABP membership and ECP included	
9. SUPERVISED PRACTICE	
10. TRAINERS AND SUPERVISORS	
10.1 Regular Trainers:	
(a) Body-Psychotherapist for a minimum of 5 years, (10 for main Trainers)	
(b) should maintain a practice as Body-Psychotherapist with clients	
(c) should be ECP holders, EABP members or equivalent	
(d) documented training as trainer and undergo formal assessment	
(e) assessed for competency on a regular basis	
(f) keep familiar with developments in psychotherapy and Body-Psychoth.	
(g) fulfil any general requirements set by NUO / NAOs and EAP	
(h) or satisfy other criteria	
10.2 That Training Organisations ensure that Supervisors	
(a) psychotherapist for a minimum of 7 years	
(b) maintain a personal practice as a Body-Psychotherapist with clients	
(c) trained and formal assessed as a Supervisor	
(d) Be ECP holders, EABP full members or equivalent	
(e) are assessed regularly and/or belong to supervision group	
(f) awareness of developments in psychotherapy & Body-Psychotherapy	
(g) fulfil any general requirements set by NUO / NAOs and EAP	
(h) or satisfy other criteria	
11. ORGANISATIONAL COHERENCE & QUALITIES	
12. Registration and accreditation	
13. IMPLEMENTATION	

Training Institute

Assessing committee

Remarks:

Conclusion:

Signature