



AEDP: Neuroplasticity in Action-

Octubre 5&6, 2019- Barcelona

The Importance of Undoing the Client's Aloneness in Psychotherapy Practice with Diana Fosha, Ph.D

The Transformation of Emotional Suffering and the Systematic Emergence of Human Flourishing

- 1) How to recognize and entrain receptive aspects of the attachment experience
- 2) Learn three ways of putting positive neuroplasticity into clinical action
- 3) How to effectively and safely work experientially with relational experience.
- 4) How to facilitate the dyadic affect regulation of previously feared to be unbearable emotions
- 5) How to process emotions to completion and systematically entrain flourishing
- 6) How to use the patient's *experience* of transformation to activate further healing and consolidation of gains already made

Dates: October 5th and 6th, 2019. Place: Carrer Montalegre,5 @ CCCB (Centre de Cultura Contemporània de Barcelona). **Cost of the Conference:** 300 euros per person. (Spanish VAT included) **10% discount for EABP members** with discount code: **dfosha10** **Conference type:** Plenary with slide material, videos, and conference. **Language:** Presented in English with simultaneous translation into Spanish. **Registration and payment:** www.institutocuatrociclos.org

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Registration and more information:

<https://institutocuatrociclos.org/curso/diana-fosha/>