



CABP Chiron Association for Body Psychotherapists

Continuing Contemporary Approaches to Psychotherapy Professional Development Programme

For information on all our CPD events visit our Website

www.body-psychotherapy.org.uk

2015-16



Chiron Association for Body Psychotherapists
contemporary approaches to psychotherapy

The Chiron Association for Body Psychotherapists is pleased to offer a new

Post-Qualification Training in Body Psychotherapy

Body Psychotherapy is at the forefront of integrating the main contemporary psychotherapeutic modalities and teaches the most versatile and most state-of-the-art approaches to truly integrated work.

The main sub-modalities of body psychotherapy (biodynamic psychotherapy, Biosynthesis, Bioenergetics and Bodydynamic® psychotherapy) and some body-based trauma therapy methods, as well as relational psychoanalysis, Attachment theory and Gestalt therapy will be some of the components of our cutting-edge body psychotherapy training. Particular attention will be given to recent findings from Neuroscience.

The course is over 2 to 3 years and intended to be completed by therapists who have an ongoing therapeutic practice. It is oriented towards UKCP accreditation as a Body and Integrative Psychotherapist. It is most suitable for those who want to become more rounded, work at a deeper level, and be more clinically effective.

The training will initially be for those who are qualified psychotherapists (MA level or equivalent). We aim for a first intake in September 2016.

In order to help you decide if this training is for you, we are offering 3 Taster Days over the academic year 2015-16. These Taster Days will be experiential in nature and will be taught by our tutors. They are intended for anyone interested in this new training and the hours will count towards the required hours of training.

The booking information for these Taster Days is on page 5 of this brochure.



Photo: Doron Levene

Whenever you enter into relationship with another person, there is a “field” which emerges into existence and wants to unfold. “Field” is not “transference”. It contains many more aspects, needs to be accessed by feeling, and cannot be fully analysed. There is a continuous fluctuation between the “energies” involved. The therapist can never stay out of the field, whatever their approach may be. To become aware of the field is a dicey endeavour - not to be aware of it leaves out the basics.

The field’s intention to grow in consciousness is mysterious and rises out of the constant drive to expand. Three forces are coming into play: yourself, the other, and the driving force of the field. This force can become effective when the therapist does not interfere with what wants to unfold. There are always personal “habits”, such as ambition or feelings of helplessness, which wait for an opportunity to enter the stage. You have to learn how to empty your rational mind.

In this workshop, we want to experiment with dropping attitudes which impede getting into the freedom of emptiness. We will expand the framework beyond therapeutic issues and ask whether encounters can take place in states of more freedom. Body and dream body will play an important role in this.

Rainer Pervöltz was born in 1944 and is a Gestalt and Body Psychotherapist. Trainings with Jack Lee Rosenberg, Eric Marcus, and Gerda Boyesen. Rainer was a cofounder of the Chiron Centre in London and for many years a trainer for the Biodynamic Institute. Andrew DaPassano was his most important spiritual teacher. Taoist energy studies with Mantak Chia. Rainer’s work fosters further development of the Transpersonal Psychotherapy in the framework of Gestalt philosophy integrating the body and its energetic systems. He is one of the directors of the International Institute for Consciousness Exploration and Psychotherapy, Germany. He works as a therapist and supervisor in Wittnau near Freiburg.



Allowing the Field to Unfold

Facilitator:

Rainer Pervöltz

2.5-DAY:

Fri 25 Sep 2015, 6.30 to 9.30 pm

Sat 26 and Sun 27 Sep 2015

10.00 am to 5.30 pm

The fee for this course is £265.

Please register online at

*[www.body-psychotherapy.org.uk/
events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)*

*or contact the CPD administrator on
cpd@body-psychotherapy.org.uk*



Moaiku: Coping with Anger and Disgust

Facilitator:

Merete Holm Brantbjerg

2.5-DAY:

Fri 9 Oct 2015, 5.30 to 9.30 pm

Sat 10 Oct and Sun 11 Oct 2015

9.30 am to 5.30 pm

The fee for this course is £265.

Please register online at

*[www.body-psychotherapy.org.uk/
events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)*

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In the context of therapeutically processing trauma, anger and disgust both show up as important aspects of reestablishing boundaries, dignity and integrity.

Consequently, we might ask

- What separates these two emotional states?
 - How can we manage and process them?
- If these two emotional states remain undifferentiated, methods for working with anger are often used for hidden disgust. This holds the risk of neither anger nor disgust ever reaching ownership and becoming regulated.

In this experiential workshop the focus will be on

- Differentiating the body-based methods that work for anger and for disgust
- Training psychomotor skills to support both ownership and the capacity to cope with these two emotional states, and whatever else may emerge with them
- The Moaiku principle of “dosing” used to build energy in low energized (hypo-responsive) areas of the body as a first step to owning outgoing impulses
- Theoretical understanding of anger and disgust and of the difference between reactive and proactive aggression (warm and cold aggression)
- Regulation of the arousal that arises within the group so emotional states can be processed together and not in isolation

Merete Holm Brantbjerg is the creator of ‘Moaiku’ – derived from ‘Motoric Haiku’, a psychotherapeutic approach that is focused on: simplicity, precise individual dosing, and a ‘here and now’ presence. She is a co-creator of Biodynamic Analysis – a member of the European Association of Body-Psychotherapy (EABP) and Dansk Psykoterapeutforening. Merete specialises in Relational Trauma therapy which includes both psychomotor skill training that supports self regulation - and training in resonance and mutual arousal regulation through systemic group-work.

Body Psychotherapy is a truly holistic modality of psychotherapy, integrating psychodynamic, humanistic, cognitive, Gestalt, and attachment perspectives, and adding to this its own approach derived from the work of Wilhelm Reich, David Boadella, Alexander Lowen, Stephen Johnson, Gerda Boesen, Lisbeth Marcher and others. Mindfulness-based, psychospiritual and trauma therapy approaches integrate with ease into body psychotherapy, as do approaches using movement and the creative arts. The recent interest in neuroscience has taught psychotherapists that the notion of body and mind as inseparable unity needs to be taken seriously and has wide-ranging implications for clinical practice.

The Chiron Association attempts to pull all these strands together in our exciting new body psychotherapy post qualification training.

The taster days will be experiential. They are intended to be relatively lighthearted explorations of topics such as boundaries, breath, Reichian vegetotherapy, body segments, touch, different body tissues and their function, energy and bodily fluids, and so on, using the client's body either to deepen material or to resource the client, and using the therapist's body as well as the client's in many different ways.

The fee for this course is £105 each. Please register online at www.body-psychotherapy.org.uk/events-workshops-and-training.html or contact the CPD administrator on cpd@body-psychotherapy.org.uk



Taster Days in Body Psychotherapy

1-DAY:

Sat 31 Oct 2015

Sat 23 Apr 2016

Sat 25 Jun 2016

10.00 am to 5.30 pm



How to Work when Therapy isn't Working: Embodied Pathways Towards Resolving Impasses, Breakdowns and Enactments Facilitator: Michael Soth

2 x 1-DAY:

Sun 1 Nov 2015 and

Sun 21 Feb 2016

10.00 am to 5.30 pm

The fee for this course is £105 each, or £190 booked both together.

Please register online at www.body-psychotherapy.org.uk/events-workshops-and-training.html or contact the CPD administrator on cpd@body-psychotherapy.org.uk



- What happens for you as therapist when therapy isn't working?
- when the client seems to be stuck, resistant and uncooperative, or refuses to turn up or to pay, breaks boundaries or undermines the therapy?
 - when the client gets under your skin, challenges your therapeutic position and competence, and you start feeling like a failure?
 - when the client 'gets worse' in therapy, has negative reactions, threatens suicide or uses other practitioners against you?

The more the therapeutic process touches the depths of the client's patterns, the more the therapist tends to get entangled in the painful and problematic dynamics which bring the client to therapy in the first place. Difficulties in the working alliance can then be a manifestation of profound and necessary involvement on the therapist's part rather than a sign of incompetence

In this integrative workshop Michael will offer bodymind avenues into perceiving, understanding and engaging with impasses and enactments in a way which maximises the chances of transformation.

Michael Soth is an integral-relational Body Psychotherapist, trainer and supervisor (UKCP), with more than 24 years' experience of practising and teaching from an integrative perspective. He has written numerous articles and is a frequent presenter at conferences. Extracts from his published writing (including several book chapters) as well as summaries of presentations are available at www.soth.co.uk.



The Borderline Dynamic and the Disorders of Self: a Somatic and Relational Approach to BPD

Facilitator:

Tom Warnecke

1-DAY:

Sat 14 Nov 2015

10.00 am to 5.30 pm

The fee for this course is £105.

Please register online at www.body-psychotherapy.org.uk/events-workshops-and-training.html or contact the CPD administrator on cpd@body-psychotherapy.org.uk



The Disorders of Self and most famously Borderline personality disorder (BPD) confront us with challenging and bewildering phenomena. Borderline relationships appear equally challenging for clients and therapists alike. Both may feel attacked, invaded, helpless, misunderstood or unappreciated by the other. But the Borderline Disorders of Self are also particularly apparent as bodily experiences for both client and therapist. Hyperarousal and catastrophic anxieties, both cardinal features of BPD, suggest disturbances of very basic functions and indicate that the organism is in a state of somatic disorganisation.

Chronic dysregulation of the autonomic nervous system, inadequate boundary formation and a lack of crucial psycho-motor skills reflect deficiencies in psycho-affective maturation and failures to develop a differentiated psyche-soma relationship. Current clinical theory can help us understand and work more effectively with psychological and somatic phenomena and disturbances commonly experienced by borderline individuals and their therapists. Contemporary clinical perspectives are illustrated by experiential explorations of BPD psycho-biology and arrested development. Participants are invited to contribute clinical case material from their practice for discussion in the group. This workshop seminar is suitable for any therapist working with the Borderline spectrum.

Tom Warnecke (UKCP, ECP, EABP) trained in Gestalt Therapy and with David Boadella and works as a relational body psychotherapist, supervisor and trainer. He utilizes movement work and the arts to explore psyche-soma dynamics and make mind-body relations accessible. He also developed a relational - somatic approach to borderline dynamics and he teaches contemporary body psychotherapy in various settings. His publications include several journal papers and book chapters (www.integralbody.co.uk)



Group Facilitation Course: Embodying Situational and Relational Factors

Facilitator:

Carmen Joanne Ablack

2-DAY:

Sat 28 and Sun 29 Nov 2015

10.00 am to 5.30 pm

The fee for this course is £210.

Please register online at www.body-psychotherapy.org.uk/events-workshops-and-training.html or contact the CPD administrator on cpd@body-psychotherapy.org.uk



Focussing on deepening understanding of dynamics of situational and relational factors in psychotherapeutic group work, you are encouraged to examine group experiences – paying attention to whole group formation, group as progress and process and learning advanced skills for working with implicit and explicit communications in groups. Meaning-making, working with critical dialogues and conflicts will also be addressed.

Our emphasis is on creative, physical and relational aspects of psychotherapeutic group work. Participants should be prepared to have fun, make mistakes, feel, manage and reflect on your emotional responses as learning.

The workshop will offer a mixture of experiencing being in a group and using this as our raw material for learning, with skills and theoretical inputs from Carmen (and each other) to enhance our learning overall.

This weekend course is suitable for therapists who are facilitating groups and for therapists wanting to learn more before leading groups themselves. Carmen draws upon more than 30 years experience of running different kinds of groups in multiple settings, including mental health residential settings, using integrative body psychotherapy and transpersonal understandings.

Carmen Joanne Ablack (UKCP registered) is a group, couples and individuals psychotherapist, supervisor and trainer. Teaching psychotherapy and counselling since the 1980's, she has written a book chapter, various articles on clinical contemporary practice and on regulation. Carmen is an honorary fellow of UKCP and board member at EABP. She is part of the psychotherapy MA faculty at the Gestalt Centre and a visiting lecturer in the UK and abroad. She is a regular conference speaker and workshop leader. She is a former CABP chair. Website: www.cjablack.com.

What does an embodied, relational and wild therapeutic approach look like? Exploring the ground where indigenous cultures, shamanism and body psychotherapy meet, I will offer the concept of trance states, as a way to conceptualise working relationally with wildness.

Offering an experiential and theoretical space to explore, play and build insights together: How do we use all of our relational resources, our capacity to be intuitive and intellectual, to be embodied and en-minded, to enter other realms, other realities and return?

How do we support Wild Mind? ...our ability to listen to the wider, wild intelligence inside us and of which we are a part.

Allison Priestman I am an experienced Embodied-Relational Psychotherapist, Supervisor and Trainer; working in private practice in Stroud, Gloucestershire. I am a member of the training team, for the postgraduate training in Embodied-Relational Therapy. My professional bodies are the EABP, (European Association of Body Psychotherapy) and CABP, (Chiron Association for Body Psychotherapists). My aim is to create safe, stimulating and stretching training and supervisory learning environments. Full details of my work can be found at www.allisonpriestman.co.uk



Trance and Transference

Facilitator:

Allison Priestman

1-DAY:

Sat 16 Jan 2016

10.00 am to 5.30 pm

The fee for this course is £105.

Please register online at

[www.body-psychotherapy.org.uk/
events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)
or contact the CPD administrator on
cpd@body-psychotherapy.org.uk



Body Psychotherapy for Chronic Pain

Facilitator:

Kathrin Stauffer

1-DAY:

Sun 7 Feb 2016

10.00 am to 5.30 pm

The fee for this course is £105.

Please register online at

[www.body-psychotherapy.org.uk/
events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)
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Chronic pain is a debilitating condition where the whole self adapts to being constantly in pain. This becomes a 'normal' state for the person even long after the original injury has healed. The effects on the person's physical, emotional and cognitive functioning are profound. The longer the chronic pain goes on, the harder it is to reverse and improve.

This one-day workshop aims to show how body psychotherapy can help people in such states. It is no easy task: a person in severe pain will try intuitively to ignore and numb out the pain, and a body psychotherapist will intuitively suggest greater body awareness, so the work will be fraught with difficulties and conflicts from the beginning.

- Participants will learn
- some relevant neurobiological background and how it can be applied in a useful way;
 - connections to trauma and post-traumatic stress states;
 - connections to attachment deficits
 - possible stumbling blocks in the therapeutic alliance and in the countertransference;
 - the role of movement in pain control;
 - some general pain management and its integration with psychotherapy.

The workshop is suitable for counsellors and psychotherapists from all modalities and interested complementary therapists.

Kathrin Stauffer PhD, UKCP Registered Body Psychotherapist, is the author of 'Anatomy & Physiology for Psychotherapists: Connecting Body & Soul' (W.W. Norton 2010). Originally a research biochemist, she retrained at the Chiron Centre for Body Psychotherapy. She works in private practice in Cambridge and London as a body psychotherapist, biodynamic massage therapist, trainer and supervisor. www.stauffer.co.uk



Embodiment and Ecosystem

Facilitator:

Nick Totton

2-DAY:

Sat 16 Apr & Sun 17 Apr 2016

10.00 am to 5.30 pm

The fee for this course is £210.

Please register online at

[www.body-psychotherapy.org.uk/
events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)

or contact the CPD administrator on
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My two therapeutic passions are embodiment and the ecosystemic approach. In this workshop, I want to explore the deep connections between them.

When we explore embodiment, we discover our core spontaneity: discover that things – the things called us – happen of their own accord, and that accepting and yielding to these processes is inherently healing. When we explore ecosystemic thinking, we discover exactly the same thing, on the level of systems rather than individuals; and in fact this may lead us to experience our own individuality as a system, a collectivity.

So working in relation to embodiment brings our attention to the ecosystems of which we are part; while working in relation to ecosystems – for example, going outdoors, or bringing the other-than-human indoors – brings our attention to our embodiment, the primary channel through which we experience ourselves as an aspect of the larger whole.

On the workshop we will bring theory and experience into dialogue with each other, through exercises alone, in pairs and in small groups which will then form the basis for discussion.

Nick Totton - I am a therapist and trainer with nearly 30 years experience, offering and teaching Embodied-Relational Therapy. Originally a Reichian body therapist, my approach has become broad based and open to the spontaneous and unexpected. I have an MA in Psychoanalytic Studies, have worked with Process Oriented Psychology and trained as a craniosacral therapist; I am currently involved with ecopsychology. I have written several books, including *Body Psychotherapy: An Introduction*; *Psychotherapy and Politics*; *Press When Illuminated: New and Selected Poems*; and *Wild Therapy*, published by PCCS Books. See www.earth-works.co.uk.



Relational Trauma Therapy - Introductory Weekend

Facilitator:

Merete Holm Brantbjerg

2.5-DAY:

Fri 6 May 2016, 5.30 to 9.30 pm

Sat 7 May and Sun 8 May 2016

9.30 am to 5.30 pm

The fee for this course is £265.

Please register online at

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events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)
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This weekend event is intended to provide a 'taster' experience of the Relational Trauma Therapy course that is being offered starting October 2016.

The approach combines body oriented skill training and systemic group process with the goal of building a skill level individually and in the group, where states that have been held in isolation and dissociation can be regulated mutually. Refined psychomotor skill training builds functional coping and self regulatory capacity. Systemic group process including training in resonance and attunement is used to increase capacity for mutual regulation of arousal states and emotions. Together the two aspects can open up our self healing potential.

To relate to, value, and integrate our experience of a traumatic event and our trauma reactions often poses a challenge to our personality. Healing trauma demands that our capacity, our value system, our perception of reality, and often times also our self image, expand. Relational Trauma Therapy supports this expansion of the personality's capacity – bodily, emotionally, cognitively and relationally.

Merete Holm Brantbjerg is the creator of 'Moaiku' – derived from 'Motoric Haiku', a psychotherapeutic skills training that is focused on: simplicity, repetition, precise individual dosing, and a 'here and now' presence. She is also co-creator of Bodydynamic Analysis – a member of the European Association of Body-Psychotherapy (EABP) and Psykoterapeutforeningen. Merete specialises in resource-oriented skills training as a psychotherapeutic method, applying it to both personality development and trauma healing.



Frozen in the Body or Stuck in the Head?

Facilitator:

Claudius Kokott

2-DAY:

*Sat 21 May and Sun 22 May 2016
10.00 am to 5.30 pm*

*The fee for this course is £210.
Please register online at
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events-workshops-and-training.html](http://www.body-psychotherapy.org.uk/events-workshops-and-training.html)
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Somatising and psychologising are two special defences: somatising is 'acting out' and psychologising is 'acting in'.

The human being who somatises shows physical symptoms (tension, aches and pains) in order to get attention. The emotional meaning of the physical symptoms is often not acknowledged. On the other hand, a human being who psychologises presents thoughts, ideas, dreams, memories or images in explanatory language in order to get attention. The awareness of the emotions and their physical expression is then missing.

In this one-day workshop we will explore both our own tendencies to somatise and/or psychologise and also that of our clients. The focus will be on self-exploration and on practical learning in the context of ongoing client work, as a step towards a more balanced body-mind relationship.

Claudius Kokott, UKCP and EAP Registered Body and Integrative Psychotherapist, trained at the Chiron Centre in the 1980s and afterwards at the Institute for Biosynthesis with David Boadella. He has many years of experience in teaching body psychotherapy in Britain and other European countries.



Working with Dissociation and Split off Personality Parts

Facilitator:

Lidy Evertsen

2.5-DAY:

*Fri 1 Jul 2016, 5.30 to 8.30 pm
Sat 2 and Sun 3 Jul 2016
10.00 am to 5.30 pm*

*The fee for this course is £265.
Please register online at
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cpd@body-psychotherapy.org.uk*



Body Psychotherapy with clients who have learned to manage life by disconnecting memory systems

Do you recognise the experience, while working with a client, that things don't seem to fit? Or do you have clients who have extreme difficulties in making decisions because they don't seem to hold a consistent point of reference? Do you work with clients who seem to cause a state of chaos or 'not-knowing' inside of you as a therapist?

These can all be signs of the fact that your client is managing his or her feelings and emotions by means of split-off memory systems, as a way of coping with the environment developed in response to traumatic events or long-term stress. For some people this results in an organisation of 'multiple personality', for others it causes repeated, seemingly unchanging difficulties in leading a satisfactory life on the aspects of career, relationships or addictive behaviour.

In this weekend workshop Lidy will start to explore how to help these clients reconnect with split off parts. We will work with issues such as recognising a dissociative personality structure; creating an overview of the dissociated parts and their organisation; relating these parts to age structure and function for the total personality; connecting these parts to body areas; resourcing exercises and negotiation strategies in order to provoke more cooperation between the personality parts.

Lidy Evertsen is a Bodydynamic certified practitioner and trauma therapist, also trained in Unitive Psychotherapy. Originally a classical singer and voice trainer she taught acting classes for singers in the early 1980s. Her theatre background and therapy training together have created a red thread in her work as a body psychotherapist: dissociative identity. Lidy is also a Bodydynamic trainer, running the part of the Bodydynamic institute in Amsterdam. Furthermore Lidy has been very active in EABP. Currently she is the president of the EABP.



Moaiku: Attraction, Aversion and Conscious Goals

Facilitator:

Merete Holm Brantbjerg

2.5-DAY:

Fri 21 Oct 2016, 5.30 to 9.30 pm

Sat 22 Oct and Sun 23 Oct 2016

9.30 am to 5.30 pm

The fee for this course is £265.

Please register online at

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When making choices and choosing direction in life we are facing the challenge of how to balance information available from different parts of our being.

Explicit goals can be made based on conscious knowledge, datacollection, logical reasoning – primarily guided by left hemisphere brain-functions – the cognitive brain.

Implicit goals emerge from the emotional part of our being – guided by deeply embedded and automatic motor impulses and hedonistic valencing leading to patterns of attraction and aversion. These impulses and patterns are wired in the emotional brain.

When these 2 parts of our being and our goal direction cooperate, it supports us in making choices that we can sustain – and in feeling whole.

When they don't cooperate we often experience self-sabotage – we may decide something but don't follow it through – we can't seem to reach a decision etc.

In this **experiential workshop** the focus will be on

- Psychomotor skill training that supports ownership of the motivational drives of attraction and aversion
- Exploring and understanding the deeply embedded impulses in attraction and aversion
- Training the observing self capacity to hold the polarity between explicit and implicit goals
- Playing with breaking habitual patterns and trying out new possibilities.

Merete Holm Brantbjerg is the creator of 'Moaiku' – derived from 'Motic Haiku', a psychotherapeutic skills training that is focused on: simplicity, repetition, precise individual dosing, and a 'here and now' presence. She is also co-creator of Bodydynamic Analysis – a member of the European Association of Body-Psychotherapy (EABP) and Psykoaterapeutforeningen. Merete specialises in resource-oriented skills training as a psychotherapeutic method, applying it to both personality development and trauma healing.



Relational Trauma Therapy - A Psychomotor and Systemic Approach

Facilitator:

Merete Holm Brantbjerg



Relational Trauma Therapy provides participants with the opportunity to deepen skills in coping with and resolving trauma and other kinds of high stress states using the body and the contact field in a group as resources.

The approach combines body oriented skill training and systemic group process with the goal of building a skill level individually and in the group, where states that have been held in isolation and dissociation can be regulated mutually.

Refined psychomotor skill training builds functional coping and self regulatory capacity. Systemic group process including training in resonance and attunement is used to increase capacity for mutual regulation of arousal states and emotions. Together the two aspects can open up our self healing potential.

To relate to, value, and integrate our experience of a traumatic event and our trauma reactions often poses a challenge to our personality. Healing trauma demands that our capacity, our value system, our perception of reality, and often times also our self image, expand. Relational Trauma Therapy supports this expansion of the personality's capacity – bodily, emotionally, cognitively and relationally.

Attention is given to building bridges between deep inner processing and integration in a professional role.

This course will consist of 3 blocks of 5 days each, in October 2016, February 2017 and October 2017.

The fee will be £650 for each 5-day block.

Participants must have completed at least one previous course with Merete.

Booking will open in September 2015.

To register your interest please contact the CABP CPD administrator oncpd@body-psychotherapy.org.uk





CPD Events Booking Information:

Note that you will be informed of the venue after booking.

The best way to book is through our Website www.body-psychotherapy.org.uk.

The Website accepts payment by credit card using paypal.

If you do not wish to do this, you can book by contacting our CPD Administrator, Kerensa Martin, on 07505 923864 or cpd@body-psychotherapy.org.uk.

Please book well in advance. If an event does not have sufficient bookings, we will cancel it usually one week ahead of the time, so if you book later than this, you risk not being able to secure a place. On the other hand, we have Early Booking discounts for most events, which will apply up to two months before the event, and we encourage you to take advantage of these.

We look forward to welcoming you at one of our CPD events!



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